



- Why coach?
- How does Cognitive Coaching<sup>SM</sup> fit with other support functions?
- Why Cognitive Coaching<sup>SM</sup>?
- What does Cognitive Coaching<sup>SM</sup> look like in action?
- How is Cognitive Coaching<sup>SM</sup> impacting our practices so far?
- What if I cannot afford an on-site seminar?

# FOUR SUPPORT FUNCTIONS

- Cognitive Coaching<sup>SM</sup>
- Collaborating
- Consulting
- Evaluating

# SOME REASONS PEOPLE CONSULT RATHER THAN COACH

- fast and allows both to move on
- makes the consultant feel like s/he is being helpful
- satisfies the person's request
- builds the consultant's credibility
- expectations of the job

# WHY COGNITIVE COACHING<sup>SM</sup>?

- develops more self-directedness
- internalizes the identity of a thoughtful, reflective practitioner
- less dependent on the coach for assistance
- builds confidence and capacity

# THE MISSION OF COGNITIVE COACHING<sup>SM</sup>

The mission of Cognitive Coaching<sup>SM</sup> is to produce self-directed persons with the cognitive capacity for excellence both independently and as members of a community.

# SELF-DIRECTEDNESS

Self-Managing

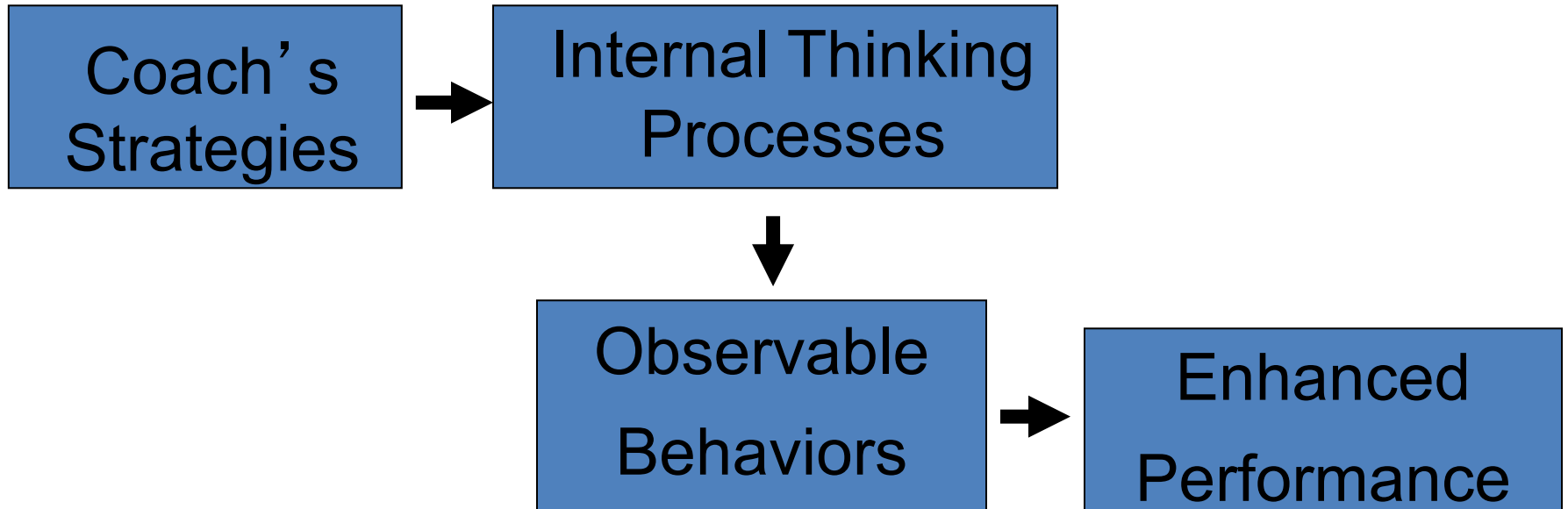
Self-Monitoring

Self-Modifying

# PROPOSITIONS OF COGNITIVE COACHING<sup>SM</sup>

- All behavior is directed by our individual and subjective perceptions.
- The non-routine and complex nature of teaching require constant contextual decision-making.
- To skillfully change behavior requires a change in perception.
- Effective coaching mediates the perceptual changes and capacities for reasoning and decision making that promote behavioral changes toward more effective practice.

# COGNITIVE COACHING<sup>SM</sup> PROCESS





# BEYOND IN-PERSON TRAINING

- 1) The Cognitive Coaching text can be used in a professional book study, with free facilitator's guide available on the website;
- 2) Video models of coaching conversations are available on the website, which can be used for free self-directed professional development sessions;
- 3) Coaches in and out of state who are well-versed in CC can offer overview/intro sessions for modest cost;
- 4) Districts across the country have used title funds and grant monies to fund CC Seminars (i.e. partnering with neighboring districts, joining a consortium)