

Direct Instruction of Behavior  
Behavioral Lesson Plan Template

Setting/Routine: \_\_\_\_\_

1) Explain expectations & why they are needed

- Check for understanding

2) Specify the details (behaviors/rules) & model examples

- Check for understanding

3) Model non-examples (what they should NOT do)

- Check for understanding

4) Model appropriate examples again

- Check for understanding

5) Adults practice the appropriate behaviors

- Give adults positive feedback
- Provide corrective feedback if needed
  - Some adults may need to practice multiple times