

Coaching Through

Compassionate and Personalized Support for Challenging Times



Your Guide: Kathy Perret



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Digital Handout Link (to make your own copy)

<https://tinyurl.com/7-13-20-Handout>



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Start Each Day with a Grateful Heart

I help Instructional Coaches COACH with CONFIDENCE

The Coach Approach

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<https://tinyurl.com/CoPLocation>

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PADLET MAP

caps lock

A

S

Strategies

Z

X



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Remember to
search for
**COMMON
GROUND!**

Seek first to
UNDERSTAND!

DR. STEPHEN R. COVEY

*What **STOPS** you in your tracks when it comes to moving forward with a goal?*



Go to www.menti.com and use the code 69 50 01

What **STOPS** you in your tracks when it comes to moving forward with a goal?

 Mentimeter



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*What **STOPS** you in your tracks when it comes to moving forward with a goal?*

Lack of Confidence

Feelings of being Overwhelmed

Being Isolated

Fear of Failure

Experiencing Challenging Environments

Times of Disruption



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Goals for this Session

- Identify Personalized and Compassionate Coaching Focus areas for barriers educators face.
- Explore ways to coach through challenging times.
- Review a few resources for next steps.
- Utilize a few tech tools along the way.

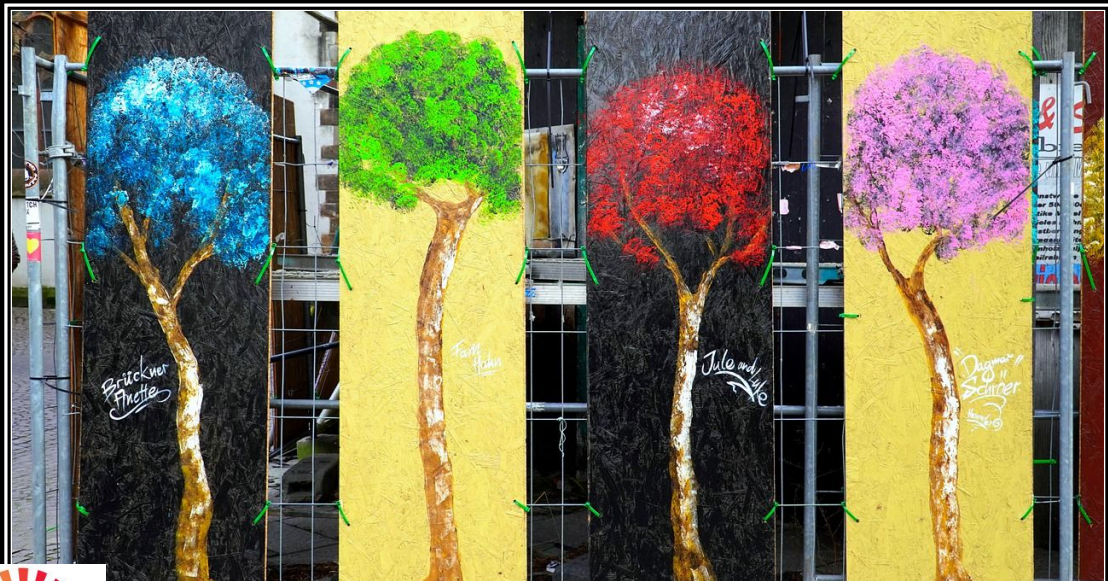
*Coaching through
Barriers*



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S E A S O N S



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The Barrier

The Compassionate Coaching Focus

Lack of Confidence	➔	Partnership
Fear of Failure	➔	Empowerment
Overload (Overwhelm)	➔	Prioritization
Disruption	➔	Routine
Isolation	➔	Connection
Changing School Culture	➔	Openness
	➔	



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What's on your mind right now?



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Let's Give it a Try

Anne

Lack of Confidence	Failure	Overload / Overwhelm
Isolation	Disruption	School Culture

Anne is a veteran 5th-grade teacher. She has been teaching for 28 years. She has seen a lot of educational initiatives, approaches, and resources come and go. She remembers having to stand at the purple ditto machine to run off copies. Now she has printing capabilities right from her computer and can use a document camera to project if needed, instead of an overhead projector. She has taught literacy with Whole Language, basals, reader and writer's workshop, guided reading, etc... She is a learner and takes the changes in stride, but she is feeling as though she's unable to make an impact.

Her heart is still into making a difference for each and every one of her students, but she feels the pressure to stay current. Lately, she has expressed to the instructional coach in her building that she has never felt so inadequate as a teacher. How can a person with both an undergraduate and Masters in Education, along with a reading and ESL endorsement carry such self-doubt? She finds herself working even harder than she has in the past. She wants the best for her students, yet serious doubts about her abilities are weighing on her. It is affecting both her professional and personal life.



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Which
BARRIERS are
surfacing right
now for the
individuals you
serve?



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PADLET

<https://tinyurl.com/CoachingBarriers>

**How can you use the
personalized and
compassionate focus area to
help minimize the barrier?**



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The K.E.Y.S. to Coaching Conversations



K eep them simple

E ngage in reflection

Y ield to others

S tudents & solutions at the focused



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The Coaching Habit Say Less, Ask More & Change the Way You Lead Forever

Michael Bungay Stanier

Wall Street Journal Bestseller

RESELLING AUTHOR OF
DO MORE GREAT WORK

1. The Kickstart Question
What is on your mind?
2. The AWE Question
And what else?
3. The Focus Question
What's the real challenge here for you?
4. The Foundation Question
What do you want?
5. The Lazy Question
How can I help?
6. The Strategic Question
If you're saying YES to this, what are you saying NO to?
7. The Learning Question
What was most helpful for you?



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**Barrier:
Overload**

**Compassionate
Coaching
Focus:
Prioritization**

COACHING QUESTION STEMS



Priority Ranking	Question	Relationship to the Teacher's Work
Priority 1	What feels most pressing?	The Stressor
Priority 2	What feels most important?	The Big Picture
Priority 3	What is another goal that would make a difference for your students?	The Passion
Elimination	<ul style="list-style-type: none"> Are there serious repercussions for me professionally if I let go of this goal? Do I have the time right now to accomplish this goal? Will this improve the quality of my day-to-day work with students? 	The Distractors
Leftovers	Anything not identified or not crossed out.	The Not-Nows

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**Barrier: Lack of
Confidence**

**Compassionate
Coaching
Focus:
PARTNERSHIP**

COACHING QUESTION STEMS



Priority Ranking	Question	Relationship to the Teacher's Work
Priority 1	What are your strengths as an educator? What are you most proud of?	The Glow
Priority 2	What do you want to get better at? What is getting in your way? What feels most important?	The Stressor
Priority 3	What goal would make a difference for your students?	The Decision
Collaboration	How do you learn best? How can we partner and learn together?	The Partnership
Success builders	What do you need to help you stay focused on your goals? How can I help?	The Accountability

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Lessons Learned

**Virtual Coaching
Remote Learning
Distance Learning**



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Building your Virtual Tool Kit

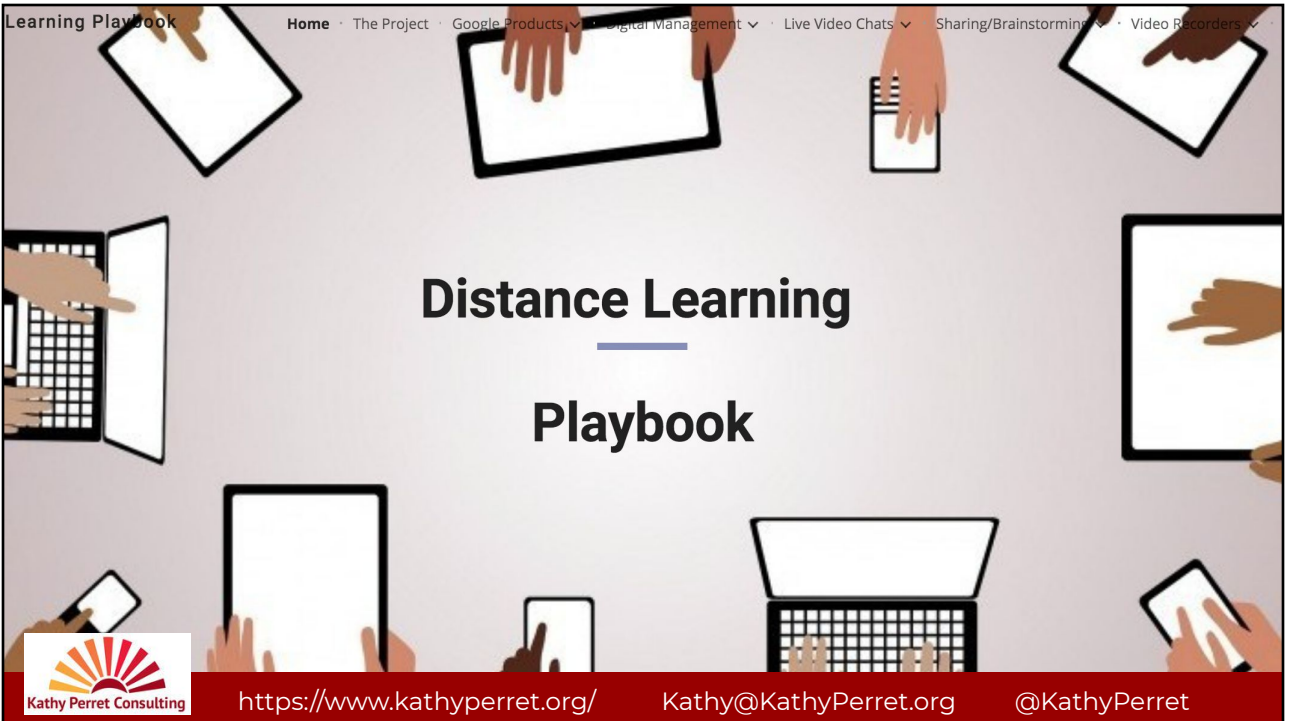


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Distance Learning Playbook



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Coaching Platforms I've

Used: Coaching Conversations:

Zoom, Teams, Google
Meet, FaceTime, Skype.

Secure Platforms: Sibme,
TeachBoost

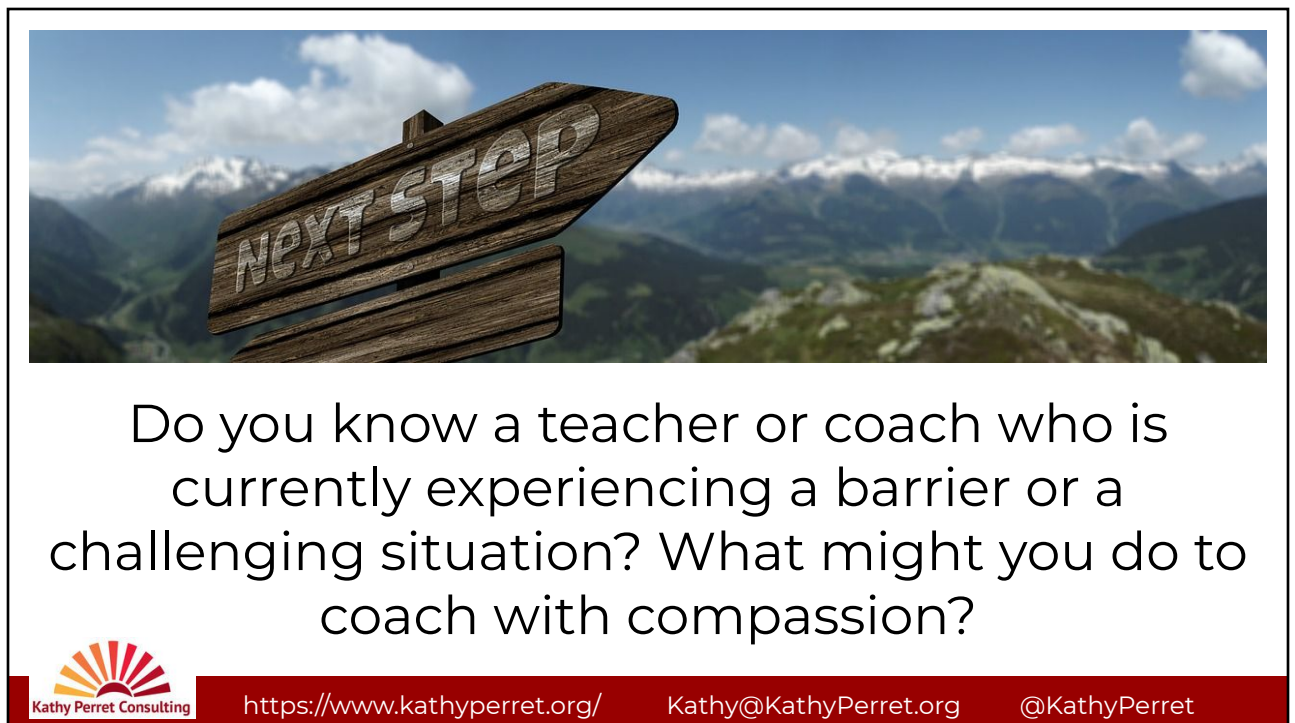
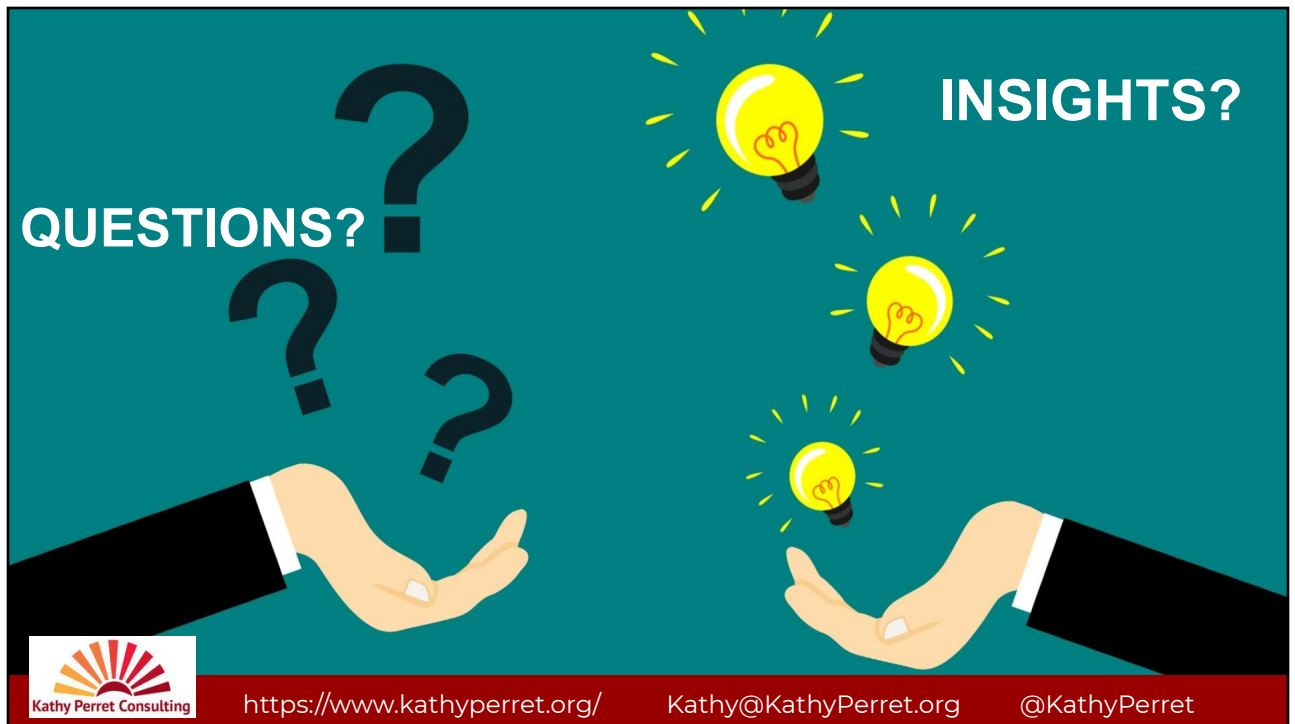


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The Barriers:

Lack of
Confidence

Fear of
Failure

Overwhelm

Isolation

Disruption

School
Culture

Many instructional coaches struggle to discuss these barriers, which they often experience in their work.

Our Solution:

We feel that personalized coaching that empowers teachers to navigate these barriers can result in transformational change for teachers' effectiveness and work satisfaction as well as shifting the learning environments of schools themselves. - Kenny McKee & Kathy Perret



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I need to
understand
this because...

This has inspired
me to look into...

The
importance
of knowing
this is

If I want to
get better
at this, I
need to...



One thing
I'd like to
learn more
about is...



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Ways to contact Kathy Perret

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Linkedin: [Kathy Perret Consulting](https://www.linkedin.com/company/kathy-perret-consulting)

Instagram: [Kathy Perret](https://www.instagram.com/KathyPerret)

Start Each Day with a
Grateful Heart



Let's stay
connected!



Thank you for all you do!

I'd love to partner
with you
on your journey!



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Kathy Perret Consulting

I help instructional coaches
COACH with CONFIDENCE!

I am available for:

- Onsite and Virtual Training
- Onsite and Virtual Coaching
- Keynotes and Other Speaking



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